

# ZEE COOKS CATERING



ZEE  
COOKS



EAT FRESH ALWAYS

# BREAKFAST

# DROP OFF



## ACAI BOWL



GLUTEN  
FREE



VEGAN

Tropical Acai Bowl, Green Acai Bowl, Berry Acai Bowl, Peanut Butter & Chocolate Bowl

( Served with Granola, Coconut, Almond, Goji Berry, Chia Seed, Flax Seed, Hemp Seed and Fresh Fruits )



## BAGEL BAR



GLUTEN  
FREE



VEGAN

Assorted Bagels, Plain Cream Cheese, Pesto Cream Cheese, Smoked Salmon, Capers, Radishes, Red Onions, Tomatoes, Cucumbers, Sprouts, Egg White, Egg Yolk, Jam, Butter



## BREAKFAST BURRITOS



GLUTEN  
FREE



VEGAN

- CHORIZO
- CHICKEN APPLE SAUSAGE
- HAM & BACON
- VEGETARIAN
- VEGAN

( Served with Homemade Salsa, Homemade Guacamole and Sour Cream )



## CONTINENTAL BREAKFAST



GLUTEN  
FREE



VEGAN

Pastry Basket, Cheese Platter, Butter & Jam & Honey, Fruit Salad, Coffee & Tea & Orange Juice

( Available By Request: Scrambled Eggs, Crispy Bacon, Tofu Scramble, Country Potatoes )



## EMPANADAS



- SPICY BEEF
- SPANISH CHICKEN
- CAPRESE
- CORN & PEPPERS
- SPINACH FETA



## FRENCH TOAST

Brioche Bread, Honey Herb Butter, House Made Maple Cream, Blueberry Basil Mint Coulis, Grand Marnier Salted Caramel Sauce, Maple Syrup, Mix Berries, Strawberries

( Available By Request: Scrambled Eggs, Crispy Bacon, Tofu Scramble, Country Potatoes )

# BREAKFAST

# DROP OFF



## FRITTATAS



- POTATO
- MUSHROOM
- HAM & BACON

( Available By Request: Tofu Scramble )



## PANCAKES



Pancake, Seasonal Berries, Maple Syrup, Butter, Whipped Cream, House Made Berry Compote, Chocolate Sauce



## SMOOTHIES



- GREEN
- TROPICAL
- BERRY

( Available By Request: English Muffin Sandwiches )



## YOGURT PARFAIT BAR



Greek Plain Yogurt, Strawberry Yogurt, Honey, Seasonal Berries, Granola

( Available By Request: Vegan Peanut Butter Overnight Oats )



# BREAKFAST ON-SITE



## AVOCADO TOAST

- GREEN LOVE
- MEDITERRANEAN
- CREAMY
- SWEETY



GLUTEN  
FREE



VEGAN



## CREPE BAR

- SWEET & SAVORY CREPES

( Build Your Own Crepe Or Menu )



GLUTEN  
FREE



VEGAN



## EGGS BENEDICT

- SPANISH
- ROYALE
- NORWEGIAN
- VEGETARIAN
- VEGAN



GLUTEN  
FREE



VEGAN



## OMELETTE

- FROM PARIS
- SOUTH BEACH
- CABLE CAR

Served with Country Potatoes  
( Available By Request: Tofu Scramble )



GLUTEN  
FREE



VEGAN



## WAFFLE BAR

Waffle, Butter, Maple Syrup, Nutella, Banana, Seasonal Berries, Whipped Cream, House Made Berry Compote, Chocolate Sauce



GLUTEN  
FREE



VEGAN



# LUNCH & DINNER

ON-SITE OR  
DROP OFF



## BURRITO BOWL BAR



- Steak, Carnitas, Chicken, Sofritas, Shrimp (pick 3)
- Cilantro Lime Brown Rice, Cilantro Lime White Rice, Black Beans, Pinto Beans, Fajita Veggies
- Toppings: Pico de Gallo, Salsa, Sour Cream, Roasted Chili Corns, Lettuce, Guacamole, Monterey Jack Cheese



## PASTA BAR



- PENNE PASTA
- MEATBALLS, CHICKEN AND SHRIMP
- ASPARAGUS, SEASONAL VEGETABLES, CHOPPED RED ONIONS, MUSHROOMS, ALFREDO SAUCE, PESTO SAUCE, TOMATO SAUCE, PARMESAN CHEESE, GARLIC BREAD



## SALAD BAR



### MAIN

Tuna Salad, Grilled Chicken, Grilled Tofu

### FRESH GARDEN BAR

Curried Cauliflower, Broccoli, Coleslaw, Corn, Cucumbers, Tomatoes, Mushrooms, Shredded Carrots, Bell Peppers, Boiled Eggs, Parmesan, Cheddar Cheese, Chickpeas, Alfa Sprouts, Olives, Kale, Mixed Greens, Pickled Red Onions, Croutons

### DRESSING

Avocado Cilantro, Balsamic, Olive Oil & Lemon Juice, Honey Mustard Vinaigrette.



## PITA BAR



- GRILLED CHICKEN, KOFTA MEATBALL, FALAFEL
- QUINOA TABOULI, HUMMUS, PICKLED CABBAGE SALAD, CARROT & PARSLEY SALAD, PICKLES, ROASTED BEETS, PITA BREAD
- SPICY HOUSE SAUCE, MINT YOGURT SAUCE



## TACO BAR



- Carne Asada (Beef), Tinga (Chicken), Carnitas (Pulled Pork), Sofritas (Tofu) (pick 3)

Toppings: Chips, Lettuce, Green Salsa, Red Salsa, Lime, Guacamole, Pico De Gallo, Sour Cream, Onions & Cilantro

# LUNCH & DINNER DROP OFF



## ASIAN MENU



GLUTEN FREE



VEGAN

- Korean Grilled Chicken, Noodle Salad, Shiitake Mushrooms
- Thai Beef Curry, Steamed Rice
- Rice Noodle, Tamarind, Tofu, Peanuts and Bean Sprouts.
- Napa Cabbage Salad, Orange Soy Dressing
- Coconut Panna Cotta



## CALIFORNIAN MENU



GLUTEN FREE



VEGAN

- Citrus & Dill Grilled Salmon
- Pulled Pork Mac N Cheese Panic Crust
- Roasted Mushrooms With Farro, Fresh Herbs, Lemon Vinaigrette
- Grilled Corn Salad
- Cookies



## EAST MEETS WEST MENU



GLUTEN FREE



VEGAN

- Ginger Chicken
- Black Pepper Beef
- Steam Garlic Rice
- Grilled Cabbage Salad
- Grilled Tofu, Kale, Sesame Seeds, Mint Dressing
- Assorted Fruits



## SANDWICHES



GLUTEN FREE



VEGAN

- THE SUB  
Spicy Salumi, Ham, Mortadella, Shredded Lettuce, Pickles, Red Onion, Giardiniera Aioli.
- ROAST BEEF  
Red Pepper Aioli, Pickled Red Onion, Blue Cheese, Arugula.
- BLTA  
Bacon, Lettuce, Tomato, Avocado, Dijionaise.
- K-TOWN CHICKEN SALAD  
Grilled Chicken, Cucumber, Kimchi, Spicy Sauce.
- VEGGIE  
Hummus, Havarti, Cucumber, Falafel, Pickled Peppers.



## MEDITERRANEAN MENU



GLUTEN FREE



VEGAN

- Mediterranean Chicken  
(Marinated in Yogurt, Lemon Juice and Fresh Herbs)
- Greek Meatballs With Pita
- Farro With Spiced Chickpeas
- Kale Salad
- Tzatziki
- Fruit Salad



## ROTISSERIE CHICKEN MENU



GLUTEN FREE



VEGAN

- Whole Roast Chicken
- Mashed Potatoes
- Bacon and Brussels With Apples
- Mixed Greens, Garden Veggies, Green Goddess Dressing
- Chocolate Chip Cookies

# LUNCH & DINNER ON-SITE



## CREPE BAR



GLUTEN  
FREE



VEGAN



- SWEET & SAVORY CREPES

( Build Your Own Crepe Or Menu )



## GRILLED CHEESE



GLUTEN  
FREE



VEGAN

( Served with Tomato Soup & Mix Green Salad )

- CLASSIC

- CUBAN

- THE ITALIAN

- VEGETARIAN



## QUASEDILLA



GLUTEN  
FREE



VEGAN

- CHICKEN

- VEGETARIAN

- VEGAN



## WAFFLE



GLUTEN  
FREE



VEGAN

- CHICKEN

- VEGETARIAN

- VEGAN



## CHILI BOWLS

- CHICKEN

- BEEF

- VEGETARIAN

( Served with Bread Bowl )



 **TACO  
TUESDAY** 





## CORPORATE EVENTS & PRIVATE PARTIES

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